



Gathering & at Home



YOUR GUIDE TO THE ANCHOR AT HOME

THURSDAY, MAY 12, 2022

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WATCH PARTY INFORMATION

Covid-19 Considerations

Depending on your state, you can “gather” your group virtually or in person to be inspired together and discuss what you have heard once the event concludes.

Please make sure to follow your state mandated Covid-19 Guidelines when planning your Anchor At Home. These guidelines can be found on your state government website.

“FOR WHERE TWO OR THREE

gather IN MY NAME,
THERE AM I WITH THEM.”

MATTHEW 18:20



WATCH PARTY TO-DO LIST

1. Invite your family and friends to join you on Thursday, May 12th to hear from Guest Speakers Nicole Zasowski and Gigi Wallace as well as several musicians.
2. Make sure to communicate with your group and share the live stream link (coming soon), time, date and if needed, instructions to join a virtual discussion following the video.
3. Looking for inspiration for a snack or beverage? Check out page 6!
4. **Important:** Make sure to have your guests sign & be entered in the drawing. (page 9)
5. Be online and tune to the live stream link when it begins on May 12th at 6:30pm. Moderate your discussion following the live stream.
6. Make sure to tag @theanchorgathering and #anchorathome on social media and “like” us on Facebook and Instagram!

VIDEO & ZOOM LINKS

The YouTube link for the Anchor at Home will be emailed out one day prior, and will go live at 7:00pm PST on May 12th so that the whole Anchor community can watch together.

We will also be sending instructions for how to host the Post-Video discussion virtually!

MIXER PROMPTS

CHOOSE ONE, TWO OR ALL THREE PROMPT(S)
TO DISCUSS SO THE WOMEN AT YOUR VIRTUAL
WATCH PARTY CAN GET TO KNOW ONE ANOTHER.



1

Fill in the blank: spring means it's time to

_____.

2

Lemon bars or brownies?

3

What is something you're looking forward
to this month?

ABOUT OUR FEATURED MUSICIANS



KAITLYN KASEL

Kaitlyn Kasel is a 17-year-old singer-songwriter and is honored to sing a song that she wrote when she was 14 for The Anchor. Katie Robertson's daughter, Karina, occasionally babysat her and she is grateful to have had her as a role model. She is a student at Eastside Prep and lives in Kirkland with her family.



JACQUELINE NIENABER

Jacqueline Nienaber is a wife and mom as well as a licensed mental health therapist and has her own practice. Her heart's desire is for people to walk in wholeness and peace.



CAROLINE JOY QUINN

Caroline Joy Quinn is a piano teacher, author, composer, performer, arranger, mentor and most recently a real estate broker. Caroline and her husband raised their two boys in Seattle. She lives her life with gratitude.

ABOUT OUR ANCHOR MOMENT SPEAKER **GIGI WALLACE**



Gigi Wallace is a graduate of the University of Washington and former educator. She is an Elder Emeritus at University Presbyterian in Seattle, WA and was a Bible Study Fellowship facilitator for seven years. She has been married for 39 years and has three married daughters (one being our main speaker, Nicole Zasowski!) and five grandchildren.

ABOUT OUR MAIN SPEAKER

NICOLE ZASOWSKI



Nicole Zasowski is a licensed marriage and family therapist and author of *What If It's Wonderful?* and *From Lost to Found*. She lives in Connecticut with her husband and three young children. Nicole would love to connect with you on her website where you can download a free guide to help you navigate your own "What if...?" questions.

www.nicolezasowski.com

POST-VIDEO DISCUSSION

WE HOPE YOU ENJOYED THE ANCHOR AT HOME! AT THIS TIME, YOUR HOST CAN LEAD YOUR SMALL GROUP THROUGH THESE DISCUSSION QUESTIONS.

1

When have you felt like your personal value was based on what you do and not who you are?

2

What behaviors are you tempted to rely on to manage your circumstances instead of relying on Jesus? (Examples: Perfectionism, Control, Avoidance, Shame...)

3

How have you seen God move in the seemingly small or mundane moments of your life?

COCKTAIL & MOCKTAIL INSPIRATION

MINT JULEP SWEET TEA

Recipe by Southern Living Editors

<https://www.southernliving.com/recipes/mint-julep-sweet-tea>



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Please share this recipe with your Anchor at Home group of women so they can make it in their homes too!

Please drink responsibly.

INGREDIENTS:

- 1/2 cup loosely packed fresh mint leaves
- 1 lemon, sliced
- 2 tablespoons sugar
- 3 cups cold sweetened tea
- 1 cup bourbon
- Crushed ice
- Garnish: fresh mint sprigs

DIRECTIONS

1. Combine first 3 ingredients in a 2-qt. pitcher.
2. Press mint leaves against sides of pitcher with back of spoon to release flavors.
3. Stir in tea and bourbon (leave out bourbon for mocktail).
4. Serve over crushed ice. Garnish, if desired.

APPETIZER INSPIRATION

LEMON-CURD PHYLLO TARTLETS

Recipe by Sarah Carey for Martha Stewart

<https://www.marthastewart.com/1555295/lemon-curd-phylo-tartlets>



INGREDIENTS:

- 1 package mini phyllo shells (such as Athens brand)
- 1 large egg white, whisked
- Granulated sugar
- 1 recipe Best Lemon Curd:
 - ½ cup sugar
 - ¼ teaspoon kosher salt (we use Diamond Crystal)
 - 1 large egg, plus 3 large yolks
 - 1 ½ teaspoons finely grated lemon zest, plus ⅓ cup fresh juice (from 2 lemons)
- 3 to 4 tablespoons unsalted butter
- Blueberries and fresh mint leaves, for serving

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DIRECTIONS

To make the Best Lemon Curd:

1. In a nonreactive pot, such as enameled or stainless steel, whisk together sugar and salt. Whisk in whole egg and yolks, then immediately whisk in lemon zest and juice.
2. Place pot over medium heat and bring mixture to a simmer, whisking constantly, until bubbling in center and thickened, about 5 minutes. Remove from heat and whisk in butter. (For a thicker consistency, use 4 tablespoons; for thinner—say, for use as a sundae topping—use 3 tablespoons.)
3. Strain through a fine-mesh sieve set over a bowl, to remove any zest and cooked pieces of egg white. Press a piece of plastic wrap directly on surface and let cool completely, about 20 minutes. Refrigerate until thickened and cold, at least 1 hour or, in an airtight container, up to 1 week (or freeze in an airtight container up to 2 months).

To make the Lemon-Curd Phyllo Tarts:

4. Preheat oven to 350°F. Place phyllo shells on a baking sheet and brush with egg white. Sprinkle with sugar and bake until golden, 8 to 10 minutes. Let cool on sheet on a wire rack.
5. Spoon or pipe lemon curd into shells. Serve, decorated with blueberries and fresh mint leaves.

VIRTUAL MEETING INSTRUCTIONS

After your group has each tuned in to the Anchor at Home live stream at 6:30pm, you can move onto the virtual discussion.

We suggest using a free platform like Zoom, Skype, or FaceTime to be able to communicate virtually. If you're not comfortable with one of those methods, a group phone call works too!

We will be praying alongside you and The Anchor community on May 12th that the women "attending" hear inspiring stories, have meaningful discussion, feel encouraged in faith and friendship, and renew their hope in Jesus during this tough season.

SIGNING IN AND ENTERING THIS MONTH'S DRAWING

We are so excited to offer a new way to enter our drawing this year, and to sign in! Guests at your Watch Party or women watching on their own will be able to enter before the Anchor at Home begins until 9pm. This will also help track our growth.

Hosts: we need your help! Please remind your guests to enter the drawing when they arrive at your gathering (in person or virtual).



HOW TO ENTER THE DRAWING

- 1 Visit theanchorgathering.com/raffle or scan the QR code below to access the entry form.
- 2 Fill out the Google form and voilà, you've successfully entered!

DRAWING URL
theanchorgathering.com/raffle

QR CODE



INSTRUCTIONS FOR HOSTS

Hosts will communicate the drawing URL to their guests, and each guest can enter the drawing in lots of different ways. Here are some ideas:

- 1 Read guests the drawing URL and they can visit it on their mobile device to submit the form.
- 2 Forward your guests the Watch Party Kit and direct them to the instructions on Page 9.
- 3 Print this page out and set it with your appetizers. Ask guests to scan the QR code to enter.
- 4 Pull up the drawing URL on your device (iPad, phone, etc.) and pass it around for each guest to enter.

Hosts: you can print this page, fold in half, and display at your Watch Party to encourage women to sign in and enter this month's drawing!

Sign In to Enter

THIS MONTH'S DRAWING!



theanchorgathering.com/raffle