

 **THE ANCHOR** *at Home*



YOUR GUIDE TO THE ANCHOR AT HOME

THURSDAY, APRIL 7, 2022

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WATCH PARTY INFORMATION

Covid-19 Considerations

Depending on your state, you can “gather” your group virtually or in person to be inspired together and discuss what you have heard once the event concludes.

Please make sure to follow your state mandated Covid-19 Guidelines when planning your Anchor At Home. These guidelines can be found on your state government website.

“FOR WHERE TWO OR THREE

gather IN MY NAME,
THERE AM I WITH THEM.”

MATTHEW 18:20



WATCH PARTY TO-DO LIST

1. Invite your family and friends to join you on Thursday, April 7th to hear from Guest Speakers Jessica Taylor and Danielle Kartes along with 8-time Grammy nominee Natalie Grant.
2. Make sure to communicate with your group and share the video link (coming soon), time, date and if needed, instructions to join a virtual discussion following the video.
3. Looking for inspiration for a snack or beverage? Check out page 6!
4. **Important:** Make sure to have your guests sign & be entered in the drawing. (page 9)
5. Be online and tune to the video link when it premieres on Apr. 7th at 7pm. Moderate your discussion following the video.
6. Make sure to tag @theanchorgathering and #anchorathome on social media and “like” us on Facebook and Instagram!

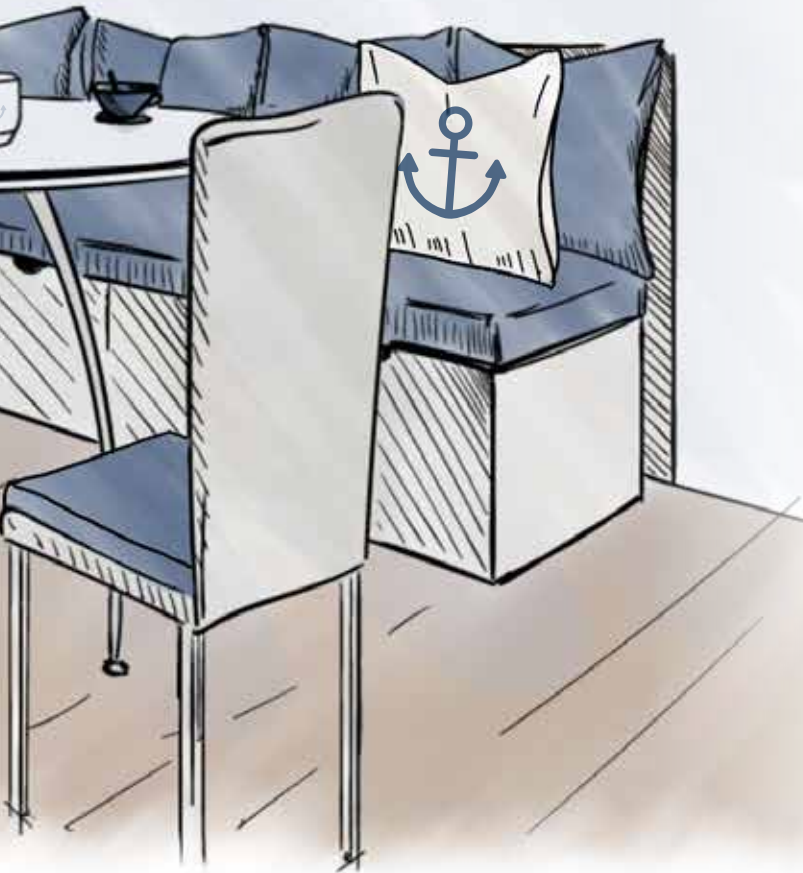
VIDEO & ZOOM LINKS

The YouTube link for the Anchor at Home will be emailed out one day prior, and will go live at 7:00pm PST on April 7th so that the whole Anchor community can watch together.

We will also be sending instructions for how to host the Post-Video discussion virtually!

MIXER PROMPTS

CHOOSE ONE, TWO OR ALL THREE PROMPT(S)
TO DISCUSS SO THE WOMEN AT YOUR VIRTUAL
WATCH PARTY CAN GET TO KNOW ONE ANOTHER.



1

Do you enjoy gardening?

2

If you had a magical greenhouse where anything
could grow, what would you plant?

3

What is your favorite flower or plant?

ABOUT OUR OPENING MUSICIAN **NATALIE GRANT**



As an Eight-time GRAMMY® nominee and Five-time GMA Dove Awards Female Vocalist of the Year, Natalie Grant has become an icon in Christian & Gospel music. In addition to garnering more than 500 million streams and multiple number #1 albums and singles on the Billboard Charts, she is also a respected author and philanthropist.

She is the co-founder of Hope for Justice, a non-profit organization in the fight against human trafficking, which has 32 offices across 9 countries and 5 continents and has helped 102,803 children in the last year.

<https://nataliegrant.com/>

ABOUT OUR ANCHOR MOMENT SPEAKER **DANIELLE KARTES**



Danielle Kartes is an author and recipe developer living near Seattle, Washington with her husband Michael, a photographer, and their two sweet boys, Noah and Milo. Together, the Karteses run their boutique food, lifestyle, and commercial photography business, Rustic Joyful Food.

Rustic Joyful Food promotes loving your life right where you are, no matter where you are, and creating beautiful, delicious food that's fuss-free with whatever you have available to you. Danielle is driven by happy accidents in the kitchen, her love for Jesus, and her family. She has written and published several cookbooks. Danielle appears often on national television and is a regular contributor to *The Kelly Clarkson Show*.

<http://www.rusticjoyfulfood.com/>

ABOUT OUR MAIN SPEAKER

JESSICA TAYLOR



Jessica Taylor, Ph.D. is passionate about empowering others to transform their organizations and leadership legacy. Known for her empathy, pragmatism, and humor, Jessica builds organizations where everyone can courageously be themselves without barriers determining their success. She has extensive experience leading in non-profit, business and higher education spaces and is the CEO and founder of the leadership development consulting firm, Leadership Training Initiative.

<https://leadershiptraininginitiative.com/>

POST-VIDEO DISCUSSION

WE HOPE YOU ENJOYED THE ANCHOR AT HOME! AT THIS TIME, YOUR HOST CAN LEAD YOUR SMALL GROUP THROUGH THESE DISCUSSION QUESTIONS.

1

What potential or “new thing” do you feel was put inside you that has yet to come to the surface?

2

What “nutrients” do you know you need when you feel buried? Ex: friends, therapy, working out, silence, etc.

3

As you recognize everyone as being fully human, how can you show compassion to yourself and others?

“Compassion means full immersion in the condition of being human” Henri J.M. Nouwen

COCKTAIL & MOCKTAIL INSPIRATION

EARL GREYHOUND

Recipe by Juliana Hale from allrecipes

<https://www.allrecipes.com/recipe/264842/earl-greyhound/>



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Please share this recipe with your Anchor at Home group of women so they can make it in their homes too!

Please drink responsibly.

INGREDIENTS:

- Earl Grey Grapefruit Shrub
 - 1 grapefruit
 - 1 cup white wine vinegar
 - 1 cup white sugar
 - 1 Earl Grey tea bag

- Cocktail/Mocktail
 - ice cubes
 - 1 ½ fluid ounces vodka (cocktail only)
 - grapefruit wedge

DIRECTIONS

To make Earl Grey Grapefruit Shrub:

1. Zest grapefruit, then section the fruit, cutting it away from the peel and inner membranes. You should have 5 teaspoons zest and 3/4 cup grapefruit sections.
2. Puree zest, sections, and any juices with sugar and vinegar.
3. Add tea bag. Chill, covered, 4 hours to 2 days. Remove tea bag and strain.

To make the cocktail/mocktail:

4. In a cocktail shaker half-filled with ice, combine 2 fluid ounces shrub and vodka (cocktail only).
5. Shake until very cold.
6. Strain into martini glass or an ice-filled old-fashioned glass. Garnish with a grapefruit wedge.

APPETIZER INSPIRATION

GRILLED PEACH & MOZZARELLA SALAD

Recipe from the Rustic Joyful Food

<http://www.rusticjoyfulfood.com/recipesandjournal/2021/7/2/0a630rojza8hrs1j9n7jh89gfnyiyg>



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INGREDIENTS:

- 4-5 ripe peaches
- 1 8- to 16-ounce container of marinated mozzarella balls (olive oil and seasonings)*
- 1 Tbsp. champagne, white wine, or white balsamic vinegar
- ½ cup torn sweet basil
- Salt and pepper to taste

**Sizes vary greatly between grocery stores and brands, so the volume falls within a wide range.*

DIRECTIONS

1. Grill halved peaches cut-side down 3-5 minutes until the peaches are nicely charred but not mushy or overcooked.
2. Slice peaches into half-inch wedges.
3. Place in a mixing bowl with the marinated mozzarella balls and half the oil and seasonings.
4. Add the vinegar and mix gently to combine.
5. Season with salt and pepper, then toss basil in just before serving.

VIRTUAL MEETING INSTRUCTIONS

After your group has each tuned in to the Anchor at Home video at 7pm, you can move onto the virtual discussion.

We suggest using a free platform like Zoom, Skype, or FaceTime to be able to communicate virtually. If you're not comfortable with one of those methods, a group phone call works too!

We will be praying alongside you and The Anchor community on April 7th that the women "attending" hear inspiring stories, have meaningful discussion, feel encouraged in faith and friendship, and renew their hope in Jesus during this tough season.

SIGNING IN AND ENTERING THIS MONTH'S DRAWING

We are so excited to offer a new way to enter our drawing this year, and to sign in! Guests at your Watch Party or women watching on their own will be able to enter before the Anchor at Home begins until 9pm. This will also help track our growth.

Hosts: we need your help! Please remind your guests to enter the drawing when they arrive at your gathering (in person or virtual).



HOW TO ENTER THE DRAWING

- 1 Visit theanchorgathering.com/raffle or scan the QR code below to access the entry form.
- 2 Fill out the Google form and voilà, you've successfully entered!

DRAWING URL
theanchorgathering.com/raffle

QR CODE



INSTRUCTIONS FOR HOSTS

Hosts will communicate the drawing URL to their guests, and each guest can enter the drawing in lots of different ways. Here are some ideas:

- 1 Read guests the drawing URL and they can visit it on their mobile device to submit the form.
- 2 Forward your guests the Watch Party Kit and direct them to the instructions on Page 9.
- 3 Print this page out and set it with your appetizers. Ask guests to scan the QR code to enter.
- 4 Pull up the drawing URL on your device (iPad, phone, etc.) and pass it around for each guest to enter.

Hosts: you can print this page, fold in half, and display at your Watch Party to encourage women to sign in and enter this month's drawing!

Sign In to Enter

THIS MONTH'S DRAWING!



theanchorgathering.com/raffle