

May 2021

SPIRITUAL WORKOUT CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27 What do these verses say to you? You can use a journal to write out these verses, your thoughts, and your prayers.	28	29	30	1 Read Psalm 46:2 Psalm 73:23-24
2 Rest	3 Read Jeremiah 17:7-8	4 Read Deuteronomy 31:6 pray for your family	5 Read Ephesians 5:1-2 Psalm 63:2	6 Read Hebrews 10:24-25 Invite some friends to the Anchor at Home at 7pm	7 Read 2 Thessalonians 2:16-17	8 Read Psalm 139:1-4
9 Rest	10 Read 1 John 3:23-24	11 Read Psalm 95:1-2 Matthew 7:24-25	12 Read Psalm 119:27-32 Hebrews 13:5	13 Read Psalm 46:10 Romans 8:1	14 Read Ephesians 4:32 pray for your friends	15 Read Hebrews 13:8 Proverbs 3:6
16 Rest	17 Read Psalm 31:19-20 Romans 15:13	18 Read Colossians 3:12-17 pray for three friends	19 Read Ephesians 6:10-17 pray for our leaders	20 Read John 10:14-15 Isaiah 26:7	21 Read Psalm 16:11 Colossians 3:23	22 Read Psalm 95:6-7
23 Rest	24 Read Hebrews 6:18-20 Read Psalm 103:11 Psalm 21:6 31	25 Read Isaiah 9:6 John 20:19-21	26 Read Psalm 25:4	27 Read 1 Thessalonians 5:16-18 pray for family	28 Read Ephesians 3:14-21	29 Read Jeremiah 29:12-13 Hebrews 12:3
30						