



THE ANCHOR

at Home



YOUR GUIDE TO THE ANCHOR AT HOME

THURSDAY, FEBRUARY 4, 2021

WATCH PARTY INFORMATION	2
MIXER PROMPTS	3
MUSICIAN & SPEAKER BIO	4
POST-VIDEO DISCUSSION	5
COCKTAIL & MOCKTAIL INSPIRATION	6
APPETIZER INSPIRATION	7
VIRTUAL MEETING INSTRUCTIONS	8

WATCH PARTY INFORMATION

Covid-19 Considerations

Given the new parameters put in place in Washington State on November 16, 2020, we are encouraging you to plan your December Watch Party as an online event. You can “gather” your group virtually and be inspired together and discuss what you have heard once the event concludes.

If you are in another state, please make sure to be following your state mandated Covid-19 Guidelines when planning your Anchor At Home. These guidelines can be found on your state government website.

“FOR WHERE TWO OR THREE

gather IN MY NAME,
THERE AM I WITH THEM.”

MATTHEW 18:20



WATCH PARTY TO-DO LIST

1. Invite your family and friends to join you on Thursday, February 4th to hear from Guest Speakers Rick Enloe and Rosa Booker along with vocalist Jeffrey Weber.
2. Make sure to communicate with your group and share the video link (coming soon), time, date and instructions to join a virtual discussion following the video.
3. Looking for inspiration for a snack or beverage? Check out page 4!
4. Be online and tune to the video link when it premieres on Feb. 4th at 7pm. Host your virtual discussion following the video.
5. Make sure to tag @theanchorgathering and #anchorathome on social media and “like” us on Facebook and Instagram!

VIDEO & ZOOM LINKS

The YouTube link for the Anchor at Home will be emailed out several days prior, and will go live at 7:00pm PST on Feb. 4th so that the whole Anchor community can watch together.

We will also be sending instructions for how to host the Post-Video discussion virtually!

MIXER PROMPTS



CHOOSE ONE, TWO OR ALL THREE PROMPT(S) TO DISCUSS SO THE WOMEN AT YOUR VIRTUAL WATCH PARTY CAN GET TO KNOW ONE ANOTHER.

1

What are two words that describe how you are feeling tonight?

2

Do you have a favorite funny or serious Valentine/Galentine memory from childhood or recent years?

3

What is your favorite dessert?

ABOUT OUR OPENING MUSICIAN JEFFREY WEBER



Our opening musician, vocalist Jeffrey Weber, is a sophomore at Chapman University in Orange County, California, studying Public Relations and Advertising with a minor in Economics. His days during COVID have been filled with movies, family time and quite a bit more quiet than usual! Jeffrey loves spending time with his friends, singing and being in the great outdoors.

ABOUT OUR ANCHOR MOMENT SPEAKER ROSA NICOLE BOOKER



Rosa Nicole Booker is the author of *The Monster in My Room*, a novel, and is currently working on her first children's book entitled *Tot's Big House*.

Rosa is excited to share written story and live discussion around surviving mental health awareness, which is the theme of both books. She is Phoenix born, but a Seattle Southend kid in truth. Her parents brought her up in the Rainier Valley area where she continues to work and volunteer with nonprofit organizations and small businesses.

She is given sanity through her love for Jesus, her husband of 13 years, their 11-year-old son, and 7-year-old daughter. Rosa and her family attend LifePoint Church of God, where her husband is Lead Pastor.

ABOUT OUR MAIN SPEAKER

RICK ENLOE



Rick Enloe lives in Gig Harbor, Washington. He is Marvelea's husband, as well 'Dad' to Matt, Nicole, Grant, and Tiffany. He is also 'Grampy' to Pax, Kai, Scotland, Blu and Goldie.

Rick's various endeavors have included hosting the Rick Enloe Variety Show on CBS radio in Seattle, teaching ancient Greek and Hebrew literature, lecturing on environmental ethics at the University of Washington, producing video and podcasts, losing golf balls and racing a star class sailboat.

Other little known details about Rick...

- He played for the Seahawks for four hours
- He got lost snow skiing in Switzerland and ended up in Italy
- He successfully gave CPR to a man who was choking on meat loaf
- He won a Ping-Pong tournament using his shoe as a paddle
- He lived in the Netherlands
- He is an accomplished amateur chef, but doesn't like meatloaf due to the whole CPR thing.

You can contact Rick at www.rickenloe.com

POST-VIDEO DISCUSSION

WE HOPE YOU ENJOYED THE ANCHOR AT HOME! AT THIS TIME, YOUR HOST CAN LEAD YOUR SMALL GROUP THROUGH THESE DISCUSSION QUESTIONS.

1

Can you think of anything that is so obvious to you but others just don't get it?
Why do you think that is?

2

Which is worse; being ditched or being lied to? How are they related?

3

How does never being abandoned and never being lied to anchor your soul?

I will never leave you until I have done what I promised you." (Gen. 28:15-16)

COCKTAIL & MOCKTAIL INSPIRATION

HIBISCUS MARGARITA ISOLATION COCKTAIL

Makes 2 servings

Recipe by Carol Buchan | <https://northwestcookingafloat.com>



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Please share this recipe with your Anchor at Home group of women so they can make it in their homes too!

Given the new parameters put in place in Washington State on November 16, 2020, we are encouraging you to plan your December Watch Party as an online event.

Please drink responsibly.

INGREDIENTS

- ¼ cup course salt, for garnishing glasses
- 1 lime, juiced
- ½ cup Starbucks Very Berry Hibiscus Refresher, prepared
- 1½ ounces tequila (1 shot)
- 1 tablespoon agave
- 1 cup ice
- 1 lime slice

DIRECTIONS

1. Spread salt in a shallow bowl. Dampen the rim of an old fashioned glass and dip it in the salt.
2. **COCKTAIL VERSION:** Pour lime juice, Very Berry Hibiscus, tequila and agave in a shaker without ice. Shake vigorously to incorporate the agave.
MOCKTAIL VERSION: Pour lime juice, Very Berry Hibiscus, and agave in a shaker without ice. Shake vigorously to incorporate the agave.
3. Add a cup of ice to the shaker and shake for 45 seconds. (It is the secret to a good drink)
4. Pour over rocks or strain into a glass rimmed with salt and garnish with a slice of lime.

APPETIZER INSPIRATION

LEMON HONEY GOAT CHEESE SPREAD

Makes about 4oz

Recipe by Carol Buchan | <https://northwestcookingafloat.com>



INGREDIENTS

- 4 ounces goat cheese, softened for at least 15 min
- Zest of 1 lemon
- 1½ tablespoons honey
- 1½ tablespoons lemon juice

DIRECTIONS

1. In a small bowl, stir together the goat cheese, lemon juice and zest, and honey.
2. Spoon it into a ramekin and smooth over the top with a spatula.
3. Garnish with some lemon zest, a drizzle of honey and a sprig of thyme or lavender.

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VIRTUAL MEETING INSTRUCTIONS

After your group has each tuned in to the Anchor at Home video at 7pm, you can move onto the virtual discussion.

We suggest using a free platform like Zoom, Skype, or FaceTime to be able to communicate virtually. If you're not comfortable with one of those methods, a group phone call works too!

We will be praying alongside you and The Anchor community on February 4th that the women "attending" hear inspiring stories, have meaningful discussion, feel encouraged in faith and friendship, and renew their hope in Jesus during this tough season.