

 THE ANCHOR

at Home



YOUR GUIDE TO THE ANCHOR AT HOME

THURSDAY, NOVEMBER 5, 2020

WATCH PARTY INFORMATION 2
MIXER PROMPTS 3
MUSICIAN & SPEAKER BIO 4
POST-VIDEO DISCUSSION 5
COCKTAIL & MOCKTAIL INSPIRATION 6
APPETIZER INSPIRATION 7
VIRTUAL MEETING INSTRUCTIONS 8

WATCH PARTY INFORMATION

To our hosts — whether you're a current Anchor Woman, hoping to lead as an Anchor Woman in a new location, or are a member of our Anchor community hosting your first Anchor At Home, we are so grateful for you!

Covid-19 Considerations

Please make sure to be following your state-mandated Covid-19 Guidelines when planning your Anchor At Home. These guidelines can be found on your state government website.

“FOR WHERE TWO OR THREE

gather IN MY NAME,
THERE AM I WITH THEM.”

MATTHEW 18:20



WATCH PARTY TO-DO LIST

1. Invite your friends and family to join you on Nov. 5th at 7pm to hear from Anchor Board Member Joy Zorn, 8-time Grammy nominee Natalie Grant and Medical Teams Int'l Director, Tammy Messina.
2. Make sure to communicate with your group and share the video link (coming soon), time, date and instructions to join a virtual discussion following the video.
3. Looking for inspiration for a snack or beverage? Check out page 4!
4. Be online and tune to the video link when it premieres on Nov. 5th at 7pm. Host your virtual discussion following the video.
5. Make sure to tag @theanchorgathering and #anchorathome on social media!

VIDEO & ZOOM LINKS

The YouTube link for the Anchor at Home will be emailed out several days prior, and will go live at 7:00pm PST on Nov. 5th so that the whole Anchor community can watch together.

We will also be sending instructions for how to host the Post-Video discussion virtually!

MIXER PROMPTS



CHOOSE ONE, TWO OR ALL
THREE PROMPT(S) TO DISCUSS
SO THE WOMEN IN YOUR
WATCH PARTY CAN GET TO
KNOW ONE ANOTHER.

1

Describe a moment from this past week
that brought you joy.

2

What felt challenging this week?

3

What are two words to describe how you
feel coming into our evening together?

ABOUT OUR OPENING MUSICIAN

NATALIE GRANT



As an Eight-time GRAMMY® nominee and Five-time GMA Dove Awards Female Vocalist of the Year, Natalie Grant has become an icon in Christian & Gospel music. In addition to garnering more than 500 million streams and multiple number #1 albums and singles on the Billboard Charts, she is also a respected author and philanthropist.

She is the co-founder of Hope for Justice, a non-profit organization in the fight against human trafficking, which has 32 offices across 9 countries and 5 continents and has helped 102,803 children in the last year.

ABOUT OUR ANCHOR MOMENT SPEAKER

TAMMY MESSINA



Tammy Messina is the Director of Advancement at a Christian medical disaster response organization called Medical Teams International. In non-COVID times, you may find Tammy with donors sitting inside the tents of Syrian women who've fled war or visiting medical clinics and staff who are caring for refugees in Uganda.

Tammy is also the mother of five children ages 4-23 yrs old. She currently resides in Los Angeles, CA with her husband, Mateo, and their two children Manhattan and Malibu. As a wife and a mother, Tammy knows what's it's like to go through a divorce with 3 little kids, lean into forgiveness, find love again, build a career after being a stay-at-home mom for 14 years – and through it all experience God's faithfulness.

POST-VIDEO DISCUSSION

WE HOPE YOU ENJOYED THE ANCHOR AT HOME! AT THIS TIME, YOUR HOST CAN LEAD YOUR SMALL GROUP THROUGH THESE DISCUSSION QUESTIONS.

1

Do you relate more closely to Mary or Martha in the Bible story Joy read?

2

Which word of these words (describing Martha's state-of-mind) best fit you right now and why? DISTRACTED • ANXIOUS • TROUBLED

3

What prevents you from sitting and resting in Jesus' loving presence?

ABOUT OUR MAIN SPEAKER JOY ZORN



Christine Joy Sturton was born in Torquay, Devon, England and although she lost her English accent after moving to America as a young girl, glimpses of her British heritage can still be evidenced in her love of books, learning, old hymns, travel, and her delight in serving afternoon tea.

Joy earned a sociology degree from UW and married her husband, Jim on April 7, 1979. Over the next eight years, they were blessed with three daughters, Rachael, Sarah, and Danielle, and eight years later, a son, Isaac James.

Her days are still spent cheering on Jim and his football team (currently XFL's Seattle Dragons); yet Joy also deeply senses God's call to cheer on her children, grandchildren, and many women with whom she counts it a privilege to walk alongside in life and if —they're willing — up steep & exhilarating hiking trails in the Cascade Mountains!

COCKTAIL & MOCKTAIL INSPIRATION

THE PINK SPARKLE | *Recipe by The.Grateful.Sip (jarvis@thewelds.com)*



Covid-19 Considerations: please make sure to be following your state-mandated Covid-19 Guidelines when planning your Anchor At Home. These guidelines can be found on your state government website.

Please share this recipe with your Anchor at Home group of women so they can make it in their homes too!

Please drink responsibly.

INGREDIENTS

Prosecco (cocktail) or sparkling water (mocktail), fresh lime juice, peach simple syrup (sugar, water, fresh peach)

DIRECTIONS

1. *Up to several days ahead:*

Finely chop a fresh peach. Combine 1 cup water and 1 cup sugar in a saucepan, heat until sugar is dissolved, stirring occasionally. As soon as you remove the pan from the heat, add the chopped peach and stir. Let sit 20-30 minutes, depending on your taste. Strain through a fine sieve, pressing on the solids. Let cool, pour into a jar and label with date. Simple syrup will keep 3 weeks, refrigerated.

COCKTAIL VERSION

3. Into a champagne flute, add 1 oz peach syrup, $\frac{1}{4}$ oz fresh lime juice, and top with prosecco.

MOCKTAIL VERSION

3. Into a champagne flute, add 1 oz peach syrup, $\frac{1}{4}$ oz fresh lime juice, and top with sparkling water.

APPETIZER INSPIRATION

ANTIPASTO ROSEMARY TWIGS

Makes 12 skewers

Recipe by Carol Buchan | <https://northwestcookingafloat.com>



INGREDIENTS

- 12 rosemary twigs
- 24 olives, black & green varieties
- 24 teardrop red peppers or cherry tomatoes
- 6 mozzarella balls, cut in half
- 6 slices Italian hard salami, cut in half
- Optional: roasted garlic cloves, marinated mushrooms, sliced prosciutto*

DIRECTIONS

1. Strip the rosemary needles from the twigs, leaving $\frac{3}{4}$ inch of needles at the top.
2. Cut the twigs into 4- to 5-inch lengths, sharpening the cut end as needed to make threading the ingredients easier.
3. Thread the ingredients onto the spears, folding the salami slices into thirds.
4. Repeat the pattern for all 12 twigs.

Covid-19 Considerations: please make sure to be following your state-mandated Covid-19 Guidelines when planning your Anchor At Home. These guidelines can be found on your state government website.

Please share this recipe with your Anchor at Home group of women so they can make it in their homes too!

VIRTUAL MEETING INSTRUCTIONS

After your group has each tuned in to the Anchor at Home video at 7pm, you can move onto the virtual discussion.

We suggest using a free platform like Zoom, Skype, or FaceTime to be able to communicate virtually. If you're not comfortable with one of those methods, a group phone call works too!

We will be praying alongside you and The Anchor community on November 5th that the women "attending" hear inspiring stories, have meaningful discussion, feel encouraged in faith and friendship, and renew their hope in Jesus during this tough season.